



VILASRAO DESHMUKH FOUNDATION GROUP OF INSTITUTIONS, LATUR

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(Approved by AICTE, New Delhi & recognized by Govt. of Maharashtra and affiliated to DBATU Lonere, Dist. Raigad)

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(DTE Code: 2254)

Date:-25/11/2023

1 WeekFDP

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| Name of program | Raj Yoga Meditation & Universal Human Values (UHV) |
| Date: | 18-24 Nov. 2023 (07-08pm) |
| Venue/address | Online @ Google meet |
| Speaker | Dr. KaberiKakati (Puja), Bk. Anandmani |

Aim:To organize 1 week FDP on “**Raj Yoga Meditation & Universal Human Values (UHV)**”

Introduction & Objectives of program:

The inaugural of the FDP witnessed the presence of **Dr. M. V.BukePrincipal**, along with the **Bk. Anandmani** in charge of **Brahma Kumaris Ishwariya Vishwa Vidyalaya**, **Dr.KaberiKakati(Puja)** , **Bk. Priti** and all participants .The one-week Faculty Development Program (FDP) on **Raj Yoga Meditation & Universal Human Values (UHV)** was organized with the aim of fostering a deeper understanding and appreciation of universal human values among educators. The program, held from 18 Nov. 2023 to 24 Nov. 2023, sought to equip participants with the knowledge and skills necessary to integrate these values into their teaching methodologies, thereby contributing to the holistic development of students.

Objectives:

- To explore the concept of universal human values and their relevance in education.
- To provide a platform for educators to share experiences and best practices in incorporating human values into the curriculum.
- To enhance participants' pedagogical skills in fostering values-based education.
- To create a network of educators committed to promoting universal human values in academic institutions.

Renowned experts delivered lectures on various aspects of universal human values, including Self Realization Understanding the supreme Power, Law of Karma, Experiencing Peace of Mind, Learn Time, Relationship, & Emotion Management, Attainment of Rajyoga empathy, integrity, tolerance, and compassion, Interactive sessions allowed participants to engage with the speakers and deepen their understanding.

Outcomes and Impact:

Enhanced Understanding:

Participants gained a deeper understanding of universal human values and their role in shaping responsible and compassionate individuals.

Skill Development:

Educators acquired practical skills and methodologies for incorporating values into their teaching practices.

Networking:

A strong network of educators committed to values-based education was established, fostering future collaborations and knowledge sharing.

Curriculum Enhancement:

Participants expressed their intent to revise and enhance their curricula to better reflect and instill universal human values.

Inspiration for Change:

Many participants expressed feeling inspired and motivated to contribute actively to a values-driven educational environment.

Conclusion:

All the registered participants have successfully completed 1 week FDP on “**Rajyoga Meditation & Universal Human Values (UHV)**”. *All the participants are awarded by Participation Certificate*

FDP Coordinator**Principal/ IQAC Chairperson**

PHOTOS:

